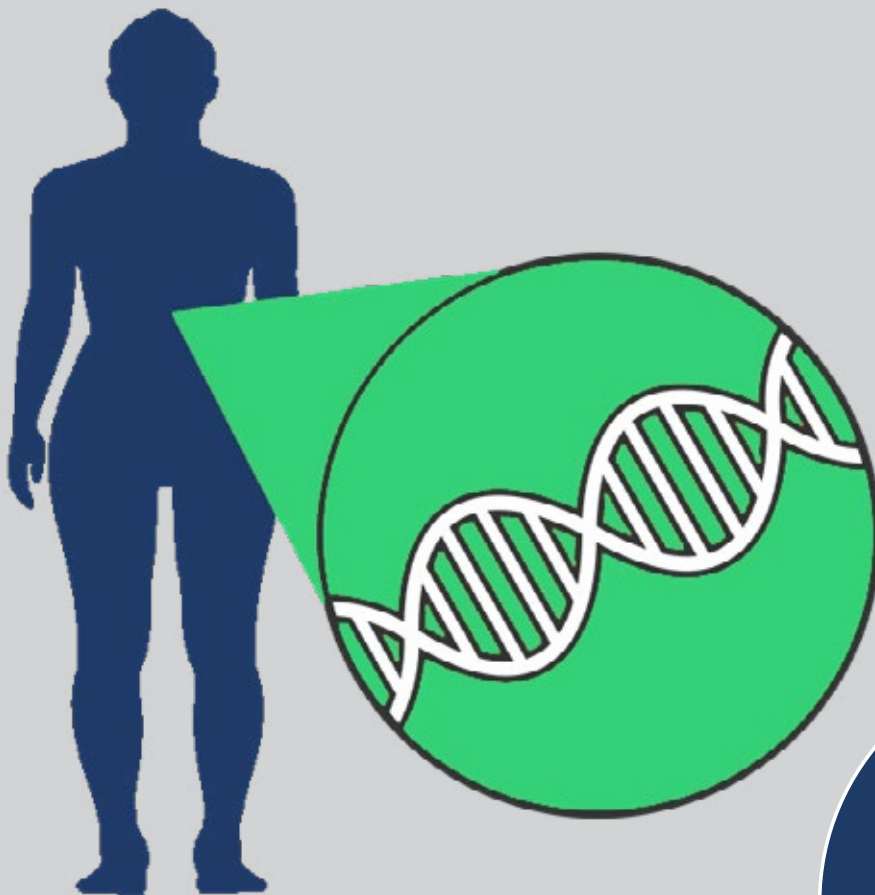




UNSW
SYDNEY

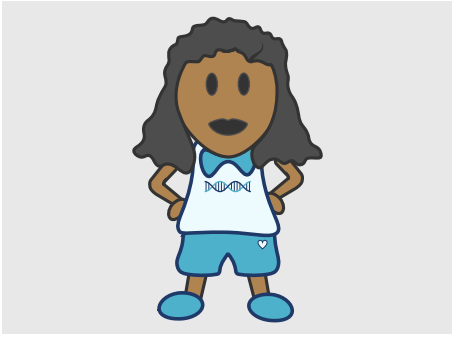


Get ready to go to the genetic clinic



Easy Read

www.geneequal.com



This is Gene.

Gene is on all of our booklets and our website.



When you see Gene you know this is information about genetic health care.



We made 5 booklets to help you learn about genetic health care.

1. About genetic health care
2. Genes and genetic conditions
3. How to make a genetic appointment
4. Get ready to go to the genetic clinic
5. Tips about genetic health care



Some things in the booklets might

- Be hard to understand
- Make you feel sad.

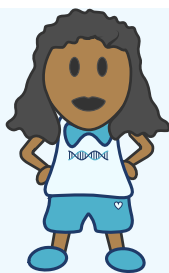


You can read them with someone you trust.



This might be

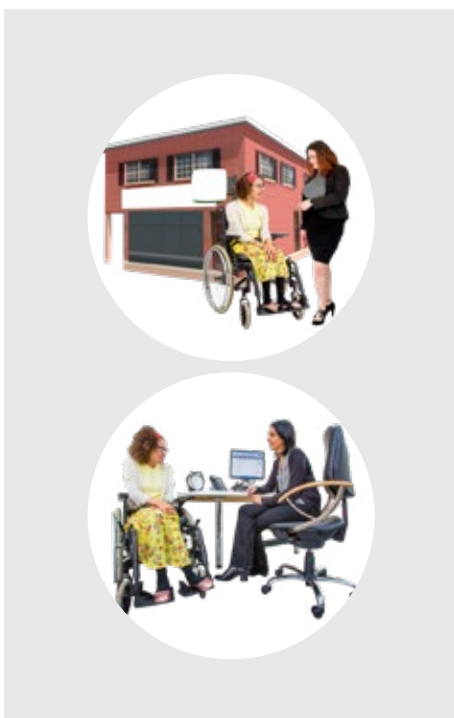
- Someone from your family
- A friend
- Your support worker.



About this booklet

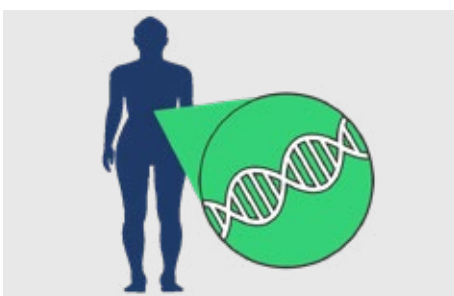


This booklet will help you get ready for the **genetic clinic**.



At the **genetic clinic** you can

- Try and find out if you have a **genetic condition**
- Learn more about genes and genetic conditions.



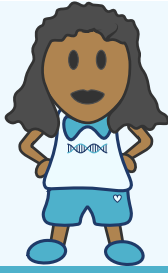
A **genetic condition** is a health or learning issue.



Genetic conditions come from a change in your genes.



Genes are small things in your body that make you who you are.



Your appointment at the genetic clinic



You have an **appointment** at the genetic clinic.

Appointment means when you come and see us.



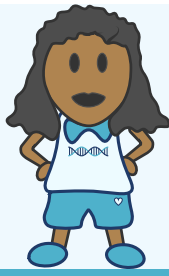
Your appointment is on this date



Your appointment is at this time



You can have someone you trust with you at the genetic clinic.



Things to help you at your appointment



Genetics can be hard to understand.



We will help you understand what we talk about.

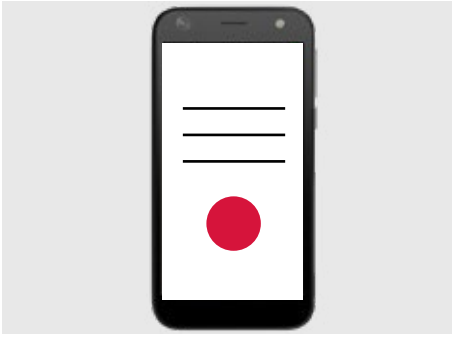


We are happy for you to ask questions.



You can ask us to

- Slow down
- Explain hard words
- Say things in a different way.

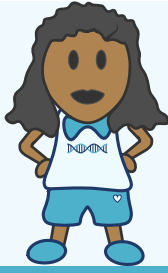


You can record what we talk about on your phone.



We have lots of information on our website to help you understand about genetics.

Go to **www.geneequal.com**



Who will you meet at the genetic clinic



At the genetic clinic you might meet with our

- Doctors
- **Genetic counsellors.**



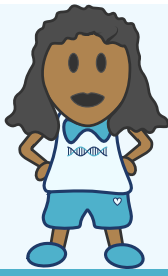
Genetic counsellors can tell you a lot about genetic conditions.



We might have students that would like to join your appointment to learn.



You can say no if you do not want a student at your appointment.



What will we talk about



At the start of your appointment we will ask you lots of questions.



This is so we can

- Get to know you better
- Understand your issues well
- Find out what you want to know.



It is ok if you do not want to answer all the questions.



It is also ok if you do not know the answers.



We might ask you about health and learning issues in your family.



This is because more people in a family can have the same genetic condition.



It is ok if you do not want to talk about your family.



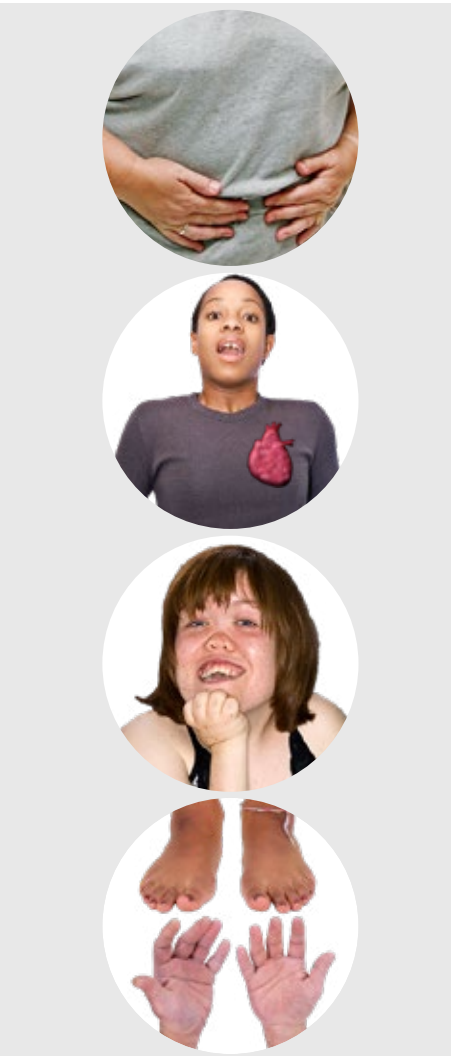
It is also ok if you do not know the answers.



Health checks



We might want to do some health checks.



When we do health checks we might do things like

- Feel your tummy
- Listen to your breathing or your heart
- Look at your face and skin
- Look at your hands and feet.



The health checks help us understand why you may have a health or learning issue.



We will tell you

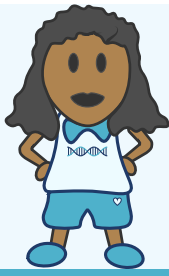
- What health checks we want to do
- Why we want to do it.



We will ask you if it is ok.



It is ok to say no to the health checks.



Take your photos



We may ask if it is ok to take a photo of you.



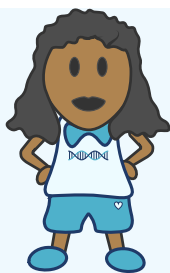
The photo helps us remember you.



We will keep your photo in a safe place.



It is ok if you say no.



What happens next



We will ask you if you have any questions.



We will write you a letter about what we talked about.



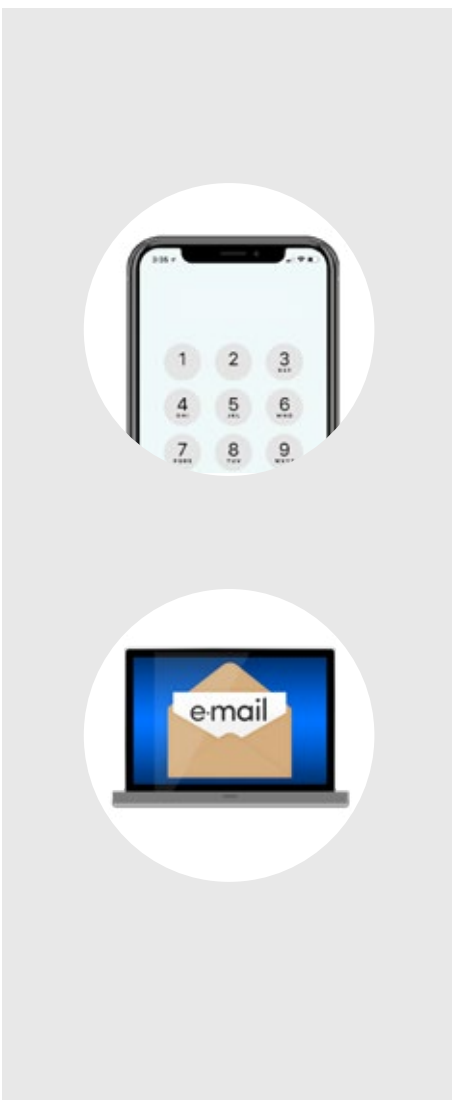
We can also write a letter for your doctor.



We will ask you if there is anyone else we need to write a letter to.



This might be a letter for your school or work.

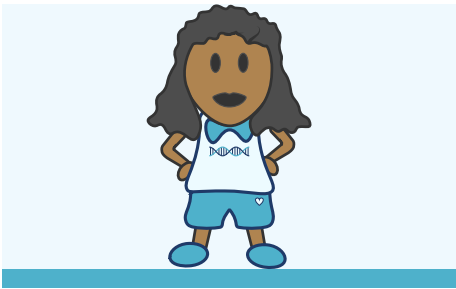


You can still ask us questions after your appointment.

- Call us on

or

- Send an email to

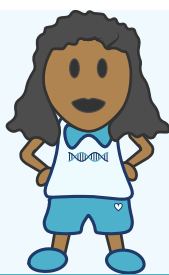


Notes



You can use this page to write things down.

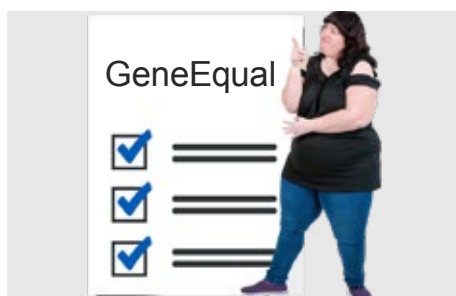
[illegible]



Who made this booklet



The **GeneEQUAL** team made this booklet.



GeneEQUAL is a program to help people with intellectual disability get better health care.

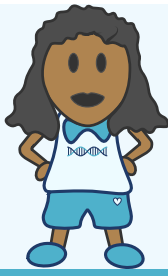


We got money from the **NSW Ministry of Health** to write this booklet.



NSW Health

The **NSW Ministry of Health** is the part of government that looks after people's health.



More information



GeneEQUAL made other booklets about genetic health care.



To get our booklets you can

- Go to our website
www.geneequal.com

or



- Email the GeneEQUAL team on
geneequal@unsw.edu.au

or



- Send us a letter with your address to

GeneEQUAL
c/o Emma Palmer
Centre for Clinical Genetics, Sydney
Children's Hospital, Level 9
The Bright Alliance Building
NSW 2052, Australia

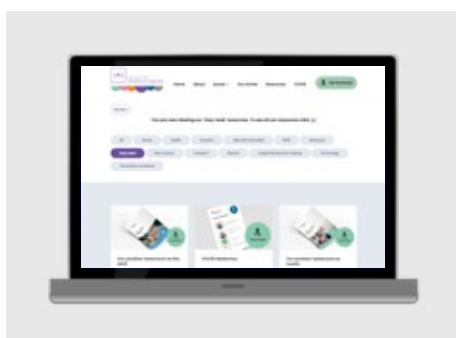
You can go to our website for more information



- Go to **www.geneequal.com**

or

- Scan this QR code with your phone



NSW Council for Intellectual Disability has lots of health information in Easy Read.

To look at them go to

www.cid.org.au/resource-tag/easy-read

Council for Intellectual Disability made this document Easy Read. **CID** for short. You need to ask CID if you want to use any pictures in this document. You can contact CID at **business@cid.org.au**.

GeneEQUAL acknowledges the financial support from the NSW Health 'Transforming healthcare through genomic technologies' initiative, funded by the Australian Government through Stage One of the Health Innovation Fund.